

Table of Contents

EMOTIONS, EMOTION, EMOTIONAL, EMOTIONALLY.....	2
EMPATHY.....	5
FEEL, FEELING, FELT, FEELS, FEELINGS.....	6
MOOD.....	22

EMOTIONS, EMOTION, EMOTIONAL, EMOTIONALLY

Rebekah used **emotions** to deceive her husband Isaac and get what she wanted. (Instead of being honest and telling Isaac that Jacob needed to leave because Esau wanted to kill him, she came up with a different excuse.)

- **Genesis 27:43-44, 46:** "Now therefore, my son, obey my voice; arise, flee thou to Laban my brother to Haran; And tarry with him a few days, until thy brother's fury turn away; ... And Rebekah said to Isaac, I am weary of my life because of the daughters of Heth: if Jacob take a wife of the daughters of Heth, such as these which are of the daughters of the land, what good shall my life do me?"

Our spirit is connected to our **emotions** (and can feel sadness).

- **1 Kings 21:5:** "But Jezebel his wife came to him, and said unto him, Why is thy spirit so sad, that thou eatest no bread?"

Psalms 7 is a "Shiggaion". (Scholars believe that means this psalm is "a lyrical poem composed under strong mental **emotion**".)

- **Psalms 7:0:** "Shiggaion of David, which he sang unto the Lord, concerning the words of Cush the Benjamite."

It's good to pray that God would test our **emotions** (to see if they honor Him).

- **Psalm 26:2:** "Examine me, O LORD, and prove me; try my reins and my heart."

A person's emotions belong to themselves, and can't be **shared**.

- **Proverbs 14:10:** "The heart knoweth his own bitterness; and a stranger doth not intermeddle with his joy."

Our spirit is affected by our **emotions**.

- **Proverbs 15:13:** "A merry heart maketh a cheerful countenance: but by sorrow of the heart the spirit is broken."

Nebuchadnezzar's destruction of Jerusalem had an enormous **emotional** impact on the Jews.

- **Lamentations 5:17:** "For this our heart is faint; for these things our eyes are dim."

Paul longed for the salvation of his fellow Jews so greatly that he had tremendous heaviness and sorrow. It pained him on a deep **emotional** level.

- **Romans 9:2-3:** "That I have great heaviness and continual sorrow in my heart. For I could wish that myself were accursed from Christ for my brethren, my kinsmen according to the flesh:"

Paul put a lot of **emotions** into his letters. Some of them were written with anguish and tears.

- **2 Corinthians 2:4:** "For out of much affliction and anguish of heart I wrote unto you with many tears; not that ye should be grieved, but that ye might know the love which I have more abundantly unto you."

Paul didn't try to **emotionally** manipulate people into accepting the gospel. Instead he preached the whole truth, with the intent of pleasing God and not people.

- **1 Thessalonians 2:4-5:** "But as we were allowed of God to be put in trust with the gospel, even so we speak; not as pleasing men, but God, which trieth our hearts. For neither at any time used we flattering words, as ye know, nor a cloke of covetousness; God is witness:"

In ancient times the "bowels" were seen as the seat of **emotions** (whereas today the culture refers to the "heart").

- **Philemon 1:7:** "For we have great joy and consolation in thy love, because the bowels of the saints are refreshed by thee, brother."

EMPATHY

The gospels reveal that the crowd which surrounded Jesus lacked **empathy**, and didn't care about anyone other than themselves. (When Jesus was trying to go save a child, the crowd didn't part so He could make His way. Instead it slowed Him down so much that by the time He arrived, the child was dead.)

- **Luke 8:42:** "For he had one only daughter, about twelve years of age, and she lay a dying. But as he went the people thronged him."

FEEL, FEELING, FELT, FEELS, FEELINGS

Even though Adam made an apron to cover himself, he still **felt** naked in God's presence.

- **Genesis 3:7, 10:** "And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons. ... And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself."

Isaac knew that Esau was hairy and Jacob wasn't. He wanted to **feel** the person he was about to bless to make sure it was Esau.

- **Genesis 27:21:** "And Isaac said unto Jacob, Come near, I pray thee, that I may feel thee, my son, whether thou be my very son Esau or not."

When Jacob brought the savory meat to Isaac and his father asked him to approach so he could **feel** him, Isaac said that the voice he was hearing belonged to Jacob but the hands he felt were the hands of Esau.

- **Genesis 27:22:** "And Jacob went near unto Isaac his father; and he felt him, and said, The voice is Jacob's voice, but the hands are the hands of Esau."

Rachel didn't really consider the children of her handmaid to be hers, because before Joseph was conceived she still **felt** under reproach.

- **Genesis 30:23:** "And she conceived, and bare a son; and

said, God hath taken away my reproach:"

Joseph didn't want his brothers to **feel** bad about selling him into slavery.

- **Genesis 45:5:** "Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for God did send me before you to preserve life."

There's a type of darkness that can be **felt**.

- **Exodus 10:21:** "And the LORD said unto Moses, Stretch out thine hand toward heaven, that there may be darkness over the land of Egypt, even darkness which may be felt."

After Elkanah talked to his wife Hannah, she didn't **feel** any better. She was still greatly upset.

- **1 Samuel 1:8, 10:** "Then said Elkanah her husband to her, Hannah, why weepest thou? and why eatest thou not? and why is thy heart grieved? am not I better to thee than ten sons? ... And she was in bitterness of soul, and prayed unto the LORD, and wept sore."

When the Philistine army approached Israel while Samuel was offering the burnt offering, God used thunder to make the Philistines **feel** uneasy and dismayed.

- **1 Samuel 7:10:** "And as Samuel was offering up the burnt offering, the Philistines drew near to battle against Israel: but the LORD thundered with a great thunder on that day upon the Philistines, and discomfited them; and they

were smitten before Israel."

After Jonathan ate some honey, his eyes were enlightened. (He **felt** better.)

- **1 Samuel 14:27:** "But Jonathan heard not when his father charged the people with the oath: wherefore he put forth the end of the rod that was in his hand, and dipped it in an honeycomb, and put his hand to his mouth; and his eyes were enlightened."

Jonathan told the Israelites that tasting a little of the honey enlightened his eyes. (In other words, it made him **feel** better.)

- **1 Samuel 14:29:** "Then said Jonathan, My father hath troubled the land: see, I pray you, how mine eyes have been enlightened, because I tasted a little of this honey."

Saul asked for David to come and serve him (by playing the harp when an evil spirit came upon him, so that he would **feel** better).

- **1 Samuel 16:16, 18-19:** "Let our lord now command thy servants, which are before thee, to seek out a man, who is a cunning player on an harp: and it shall come to pass, when the evil spirit from God is upon thee, that he shall play with his hand, and thou shalt be well. ... Then answered one of the servants, and said, Behold, I have seen a son of Jesse the Bethlehemite, that is cunning in playing, and a mighty valiant man, and a man of war, and prudent in matters, and a comely person, and the LORD is with him. Wherefore Saul sent messengers unto Jesse, and said, Send me David thy son, which is with the

sheep."

When David played a harp during the occasions when Saul was being troubled by an evil spirit, Saul **felt** better.

- **1 Samuel 16:23:** "And it came to pass, when the evil spirit from God was upon Saul, that David took an harp, and played with his hand: so Saul was refreshed, and was well, and the evil spirit departed from him."

Saul claimed that none of his servants **felt** sorry for him, because none of them revealed that Jonathan had stirred up David against him. (This was a lie. Jonathan didn't stir up David against him. In fact, David never fought against Saul his entire life.)

- **1 Samuel 22:8:** "That all of you have conspired against me, and there is none that sheweth me that my son hath made a league with the son of Jesse, and there is none of you that is sorry for me, or sheweth unto me that my son hath stirred up my servant against me, to lie in wait, as at this day?"

David was so opposed to bringing Saul to justice (in spite of the fact Saul was guilty of both mass murder and genocide) that he **felt** bad about cutting off part of Saul's skirt.

- **1 Samuel 24:5:** "And it came to pass afterward, that David's heart smote him, because he had cut off Saul's skirt."

After David took a census of Israel and Judah, his heart smote

him. (In other words, he **felt** guilty.)

- **2 Samuel 24:10:** "And David's heart smote him after that he had numbered the people. And David said unto the LORD, I have sinned greatly in that I have done: and now, I beseech thee, O LORD, take away the iniquity of thy servant; for I have done very foolishly."

When Job lost everything he had (including his health), it had an enormous negative impact on him. He **felt** that loss very deeply.

- **Job 6:2-3:** "Oh that my grief were thoroughly weighed, and my calamity laid in the balances together! For now it would be heavier than the sand of the sea: therefore my words are swallowed up."

The reason Job chose to **feel** miserable was because he didn't want to be in a situation where he was sinning and yet feeling good about himself.

- **Job 9:27-28:** "If I say, I will forget my complaint, I will leave off my heaviness, and comfort myself: I am afraid of all my sorrows, I know that thou wilt not hold me innocent."

Zophar **felt** he had to respond to Job (even though he had nothing wise to say).

- **Job 20:2:** "Therefore do my thoughts cause me to answer, and for this I make haste."
- **Job 20:3:** "I have heard the check of my reproach, and the spirit of my understanding causeth me to answer."

Zophar said that the meat which was in the bowels of the wicked had turned. (It seems he was saying that wicked people have a bad **feeling** inside them, which isn't always true.)

- **Job 20:14:** "Yet his meat in his bowels is turned, it is the gall of asps within him."
- **Job 20:20:** "Surely he shall not feel quietness in his belly, he shall not save of that which he desired."

The false accusations of Job's three friends didn't make him **feel** any better.

- **Job 23:1-2:** "Then Job answered and said, Even to day is my complaint bitter: my stroke is heavier than my groaning."

Elihu **felt** compelled to speak about what was happening in Job's life.

- **Job 32:18-20:** "For I am full of matter, the spirit within me constraineth me. Behold, my belly is as wine which hath no vent; it is ready to burst like new bottles. I will speak, that I may be refreshed: I will open my lips and answer."

God said that wild goats can **feel** sorrow.

- **Job 39:1, 3:** "Knowest thou the time when the wild goats of the rock bring forth? or canst thou mark when the hinds do calve? ... They bow themselves, they bring forth their young ones, they cast out their sorrows."

David said God will take away the wicked before the pots can **feel** the thorns. (In other words, one day God will remove the wicked from the world before they can do the harm they intend to do.)

- **Psalm 58:3, 9:** "The wicked are estranged from the womb: they go astray as soon as they be born, speaking lies. ... Before your pots can feel the thorns, he shall take them away as with a whirlwind, both living, and in his wrath."

When the Jews were in captivity in Babylon, they **felt** that they were unable to sing the songs of Zion.

- **Psalm 137:3-4:** "For there they that carried us away captive required of us a song; and they that wasted us required of us mirth, saying, Sing us one of the songs of Zion. How shall we sing the LORD's song in a strange land?"

The immoral woman tried to make the young man **feel** special and desired. (This was a trap.)

- **Proverbs 7:10, 15:** "And, behold, there met him a woman with the attire of an harlot, and subtil of heart. ... Therefore came I forth to meet thee, diligently to seek thy face, and I have found thee."

We can't discern between right and wrong based on our **feelings**. (Instead we need the Word of God to reveal the difference between good and evil.)

- **Proverbs 14:12:** "There is a way which seemeth right unto a man, but the end thereof are the ways of death."

Sometimes laughter only makes people **feel** worse.

- **Proverbs 14:13:** "Even in laughter the heart is sorrowful; and the end of that mirth is heaviness."

Fools **feel** good about the sins they commit. They're confident in their evil choices.

- **Proverbs 14:16:** "A wise man feareth, and departeth from evil: but the fool rageth, and is confident."

Some thieves enjoy stealing and don't **feel** bad about it. It's sweet to them.

- **Proverbs 20:17:** "Bread of deceit is sweet to a man; but afterwards his mouth shall be filled with gravel."

Being a drunkard may cause you to be beaten (or suffer), even though you don't **feel** the effects at the time.

- **Proverbs 23:35:** "They have stricken me, shalt thou say, and I was not sick; they have beaten me, and I felt it not: when shall I awake? I will seek it yet again."

Singing songs to someone who has a heavy heart makes him **feel** worse.

- **Proverbs 25:20:** "As he that taketh away a garment in cold weather, and as vinegar upon nitre, so is he that

singeth songs to an heavy heart."

We don't need to **feel** guilty about enjoying the fruits of our labor. That's a gift from God (not a sin).

- **Ecclesiastes 3:13:** "And also that every man should eat and drink, and enjoy the good of all his labour, it is the gift of God."

The things that happen to us don't reveal how God **feels** about us. (There are times when good things happen to very evil people, and when terrible things happen to good people.)

- **Ecclesiastes 9:1-2:** "For all this I considered in my heart even to declare all this, that the righteous, and the wise, and their works, are in the hand of God: no man knoweth either love or hatred by all that is before them. All things come alike to all: there is one event to the righteous, and to the wicked; to the good and to the clean, and to the unclean; to him that sacrificeth, and to him that sacrificeth not: as is the good, so is the sinner; and he that sweareth, as he that feareth an oath."

God used graphic language to describe the appalling nature of Israel's idolatry, and to convey how He **felt** about it.

- **Ezekiel 23:20:** "For she doted upon their paramours, whose flesh is as the flesh of asses, and whose issue is like the issue of horses."

There are times when God punishes people after they die by making them **feel** shame. (In other words, the dead can feel

shame.)

- **Ezekiel 32:24:** "There is Elam and all her multitude round about her grave, all of them slain, fallen by the sword, which are gone down uncircumcised into the nether parts of the earth, which caused their terror in the land of the living; yet have they borne their shame with them that go down to the pit."

The wicked don't want to hear the prophecies of the Lord, because they make them **feel** ashamed.

- **Micah 2:6:** "Prophecy ye not, say they to them that prophecy: they shall not prophecy to them, that they shall not take shame."

The wicked oppressors who were killing innocent people didn't **feel** guilty about it. They felt no shame.

- **Zechariah 11:5:** "Whose possessors slay them, and hold themselves not guilty: and they that sell them say, Blessed be the LORD; for I am rich: and their own shepherds pity them not."

The fact that priests were offering polluted sacrifices to God revealed their true **feelings** about Him.

- **Malachi 1:7:** "Ye offer polluted bread upon mine altar; and ye say, Wherein have we polluted thee? In that ye say, The table of the LORD is contemptible."

John the Baptist **felt** that he didn't have the right to baptize Jesus.

- **Matthew 3:13-14:** "Then cometh Jesus from Galilee to Jordan unto John, to be baptized of him. But John forbad him, saying, I have need to be baptized of thee, and comest thou to me?"

As soon as the woman touched the garment that Jesus was wearing, she **felt** that she was healed.

- **Mark 5:29:** "And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague."

Jesus knew that "virtue" had gone out of Him. He **felt** something happen the moment the woman was healed.

- **Mark 5:30:** "And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes?"

It's possible for unborn babies to **feel** joy.

- **Luke 1:44:** "For, lo, as soon as the voice of thy salutation sounded in mine ears, the babe leaped in my womb for joy."

People who are in Hell have a body. They have eyes and a tongue, and can both speak and **feel** pain.

- **Luke 16:23-24:** "And in hell he lift up his eyes, being in torments, and seeth Abraham afar off, and Lazarus in his bosom. And he cried and said, Father Abraham, have mercy on me, and send Lazarus, that he may dip the tip of his finger in water, and cool my tongue; for I am

tormented in this flame."

The way people **feel** about God the Father is revealed by whether they love Jesus.

- **John 8:42:** "Jesus said unto them, If God were your Father, ye would love me: for I proceeded forth and came from God; neither came I of myself, but he sent me."

The disciples of Jesus thought that when He said that Lazarus was asleep, He meant Lazarus was taking a nap and **feeling** better. (However, in reality Jesus meant that Lazarus had died.)

- **John 11:12-13:** "Then said his disciples, Lord, if he sleep, he shall do well. Howbeit Jesus spake of his death: but they thought that he had spoken of taking of rest in sleep."

Paul said reason he was going to Jerusalem was because he **felt** bound in the spirit to do so. (However, the Holy Spirit repeatedly told him not to go. Paul ignored many warnings and went anyway. He claimed he didn't know what was going to happen, even though the Holy Spirit told him that if he went he was going to be arrested.)

- **Acts 20:22:** "And now, behold, I go bound in the spirit unto Jerusalem, not knowing the things that shall befall me there:"

Paul told King Agrippa he **felt** happy that he had a chance to defend himself.

- **Acts 26:2:** "I think myself happy, king Agrippa, because I shall answer for myself this day before thee touching all the things whereof I am accused of the Jews:"

Paul cared about the health and wellbeing of the other people who were on the ship with him. He wanted them to eat something so they would **feel** better.

- **Acts 27:34:** "Wherefore I pray you to take some meat: for this is for your health: for there shall not an hair fall from the head of any of you."

The reason Paul appealed to Caesar wasn't because he wanted to accuse the Jews. Instead he did it because he **felt** that he had no other choice.

- **Acts 28:19:** "But when the Jews spake against it, I was constrained to appeal unto Caesar; not that I had ought to accuse my nation of."

Love is much more than a warm and affectionate **feeling**. It's deeper than that.

- **1 Corinthians 13:4-7:** "Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things."

The apostle Paul had no ill **feelings** toward the Corinthian

church. Any dispute came from their side, not from him.

- **2 Corinthians 6:12:** "Ye are not straitened in us, but ye are straitened in your own bowels."

Paul felt foolish for having to talk about his qualifications. He didn't want to do that, but he **felt** that it was necessary in order to get the Corinthian church to listen to his message.

- **2 Corinthians 11:16-17:** "I say again, Let no man think me a fool; if otherwise, yet as a fool receive me, that I may boast myself a little. That which I speak, I speak it not after the Lord, but as it were foolishly, in this confidence of boasting."
- **2 Corinthians 11:21:** "I speak as concerning reproach, as though we had been weak. Howbeit whereinsoever any is bold, (I speak foolishly,) I am bold also."

Even though Paul knew the Corinthian church didn't love him, he still loved them anyway. He didn't allow their hostile attitude to change how he **felt** about them, or what he did for them.

- **2 Corinthians 12:15:** "And I will very gladly spend and be spent for you; though the more abundantly I love you, the less I be loved."

Paul **felt** so strongly about the material in the book of Galatians that he wrote it himself. (Usually Paul dictated his letters to someone else.)

- **Galatians 6:11:** "Ye see how large a letter I have written unto you with mine own hand."

Even though Paul lost everything and was in prison when he wrote his letter to the Philippian church, he didn't regret anything. He **felt** that he made a good trade, because knowing Christ was better than everything else.

- **Philippians 3:8, 10:** "Yea doubtless, and I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord: for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ, ... That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death;"

There are some wicked people who don't **feel** bad about the evil things they're doing. This is because their conscience have been seared.

- **1 Timothy 4:1-2:** "Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils; Speaking lies in hypocrisy; having their conscience seared with a hot iron;"

One a person's sins have been forgiven, there's no longer any need to **feel** guilty.

- **Hebrews 10:2:** "For then would they not have ceased to be offered? because that the worshippers once purged should have had no more conscience of sins."

We shouldn't always follow our **feelings** because there are times when they mislead us.

- **1 John 3:20:** "For if our heart condemn us, God is greater than our heart, and knoweth all things."

MOOD

The **mood** of King Ahasuerus was improved by the wine he had been drinking.

- **Esther 1:10:** "On the seventh day, when the heart of the king was merry with wine, he commanded Mehuman, Biztha, Harbona, Bigtha, and Abagtha, Zethar, and Carcas, the seven chamberlains that served in the presence of Ahasuerus the king,"

The reason Haman wanted to execute Mordecai immediately was so he would be in a good **mood** for Esther's banquet the following day.

- **Esther 5:14:** "Then said Zeresh his wife and all his friends unto him, Let a gallows be made of fifty cubits high, and to morrow speak thou unto the king that Mordecai may be hanged thereon: then go thou in merrily with the king unto the banquet. And the thing pleased Haman; and he caused the gallows to be made."

Words can affect our **mood**.

- **Proverbs 15:23:** "A man hath joy by the answer of his mouth: and a word spoken in due season, how good is it!"

Giving a person a gift can change their **mood**.

- **Proverbs 21:14:** "A gift in secret pacifieth anger: and a reward in the bosom strong wrath."