

CONSTRAIN, CONSTRAINED, CONSTRAINETH, CONSTRAINS, CONSTRAINT

When God provided quails for the Israelites in the wilderness, they didn't act with any kind of **constraint** or self control. (Ten homers is around 400 to 500 pounds of birds, which is a ridiculous amount to gather per person.) They also didn't thank God. (As a result, God killed them.)

- **Numbers 11:32-33:** "And the people stood up all that day, and all that night, and all the next day, and they gathered the quails: he that gathered least gathered ten homers: and they spread them all abroad for themselves round about the camp. And while the flesh was yet between their teeth, ere it was chewed, the wrath of the LORD was kindled against the people, and the LORD smote the people with a very great plague."

Elihu said that the spirit within him **constrained** him. (This seems to mean his spirit compelled him to speak about Job's afflictions, and didn't allow him to remain silent.)

- **Job 32:18:** "For I am full of matter, the spirit within me constraineth me."

The love of Christ **constrains** us. It doesn't give us the freedom to live as we please, but instead compels us to do what's right in God's sight and show love to one another.

- **2 Corinthians 5:14:** "For the love of Christ constraineth us; because we thus judge, that if one died for all, then

were all dead:"